

Foundation Degree (FdA) Supporting Learning: Sport, P.E. and Health



Trinity & All Saints

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Who is this course for?

Professionals such as teaching assistants, learning support staff, community coaches, health workers and others working with children from 3-16 years old in curriculum PE or PSHE, or in extra-curricular settings.

What does this course cover?

Underpinning knowledge, which enables students to understand about the ways in which children learn (3-16) and how that learning can be supported and enhanced. Students link educational theory and relevant practices through a range of work-based tasks and study. Six of the twelve modules focus specifically on physical activity and health issues. Reflective practice and appropriate professional values are promoted alongside opportunities for students to develop their autonomy as independent learners including key and transferable learning skills which are relevant to the programme and to the demands of personal and professional living within and beyond the College community.

Qualifications available

Foundation Degree in Supporting Learning: Sport, PE and Health (240 credits)
Certificate of Higher Education in Supporting Learning: Sport, PE and Health (120 credits)
Certificate in Physical Activity and Health in Schools (40 credits)
Certificate in Physical Activity, Games and Athletics (40 credits)
Certificate in Organising Sport and Health Activities (40 credits)
Certificate in Games and Athletics, Gym and Dance (40 credits)
Single Accredited module from the FDSL programme (20 credits)

Entry Requirements for Award-bearing programmes

GCSE grade A-C English or Adult Literacy Level 2
Level 3 qualification. Alternatively, applicants may submit a mature entry essay of 2000 words.
Relevant workplace experience and support of employer.

FdA Study routes

1. Full time programme (240 credits), part time attendance (1 session per week)

- Supports the development of study skills alongside a personal development plan.
- Can form the basis for work-based progression to an honours degree
- The full programme starts in September.
- Attendance is half a day (1.30 – 7pm) per week.
- The normal study period for the full 12-module part-time work-based Foundation Degree is 2 years though this can be extended to 3 or 4 years.

For more information

Phone Admissions on 0113 2837123, or email admissions@leedstrinity.ac.uk

2. Continuing Professional Development route

Choose individual modules or groups of modules as CPD training. Assessment/accreditation is optional.

Bespoke training

Modules or groups of modules may be delivered as CPD for employers– minimum 12 participants (venue negotiable). Where viable groups are formed, alternative stand-alone modules may be developed for employers in order to meet specific training needs.

For more information

Phone Wendy Lee, 0113 2837100 x 536, or email w.lee@leedstrinity.ac.uk

Foundation Degree in Supporting Learning: Sport, PE and Health **Module Outlines**

Level 1

Children, physical activity and health

Current context – national picture, schools, families, communities;
physical activity and health relationship;

determinants of physical activity and other health behaviours;

Assessment: 1 x 2,000 literature review + 1 x 2,000 school case study

Teaching games and athletics

Content, pedagogy

Assessment: practical teaching, written evaluation of teaching

Developing and learning

Child development, play, physical, social, emotional, linguistic and cognitive processes that influence learning: theories, concepts and principles relating to learning.

Assessment: 2 x 2,000 work-based reports

Healthy children/healthy schools

Children's health attitudes and behaviours, Healthy School Standards

Assessment: survey of children, seen examination

Managing behaviour

Behaviour management styles and strategies to support students in developing a practical and theoretical understanding

Assessment: 2 x 1,500 papers, 1hr examination

Exploring Issues

Chosen topic, literature review, critical appraisal

1 x 4,000 structured reflective report

or

HLTA

evidence gathering and presentation against HLTA standards

1 x 2,000 self-reflection v standards

1 x 2,000 3 written cases demonstrating standards

Level 2

Teaching gymnastics and dance

Content, pedagogy, issues: gender; body image

Assessment: practical teaching, evaluation of teaching

Organising and managing sport and physical activity

PESSCL, festivals, off site activity, e.g. swimming; health and safety/risk assessment, after school and holiday activities, event management, outdoor and adventurous activities

Assessment: oral presentation, event planning report

Roles and Responsibilities

Overview of the way in which practices in state education have developed and the principles and rationale underlying these changes

Assessment: 1 x 2,000 Investigate review

1 x 2,000 Report from work-based enquiry

Promoting Health

Behaviour change; health promotion methods and activities; planning and evaluating health promoting activities; working with others and resources; Healthy Schools Standards

Assessment: Oral presentation, report of health initiative

Evaluating theory & practice

Individual research project

Assessment: 1 x 3,000 critical report 70%

Seen examination paper 30%

Promoting inclusion

Legal framework, strategies for inclusion

Assessment: poster presentation 30%

analytical case study 70%

or

Leading and managing

Managing qualities, behaviours, leadership styles, motivation and team work

Assessment: 1 x 4,000 analytical report

or

HLTA 2

Personal and professional practice

3 cases vs HLTA standards 1 x 2,000

Report national events and workforce reform 1 x 2,000